



Vibrational Medicine

Margie Mulligan

Definition: Vibrational Medicine has been called vibrational healing, energy medicine or subtle energy therapies. According to Richard Gerber, MD, *Vibrational Medicine*, “Instead of conventional drug and surgical approaches, vibrational medicine attempts to treat people with pure energy...the molecular arrangement of the physical body is actually a complex network of interwoven energy fields. The energetic network, which represents the physical/cellular framework, is organized and nourished by “subtle” energetic systems which coordinate the life-force within the body. There is a hierarchy of subtle energetic systems that coordinate electrophysiologic and hormonal function as well as cellular structure within the physical body. It is primarily from these subtle levels that health and illness originate.” (p. 43)

Practitioners of integrative, complementary and alternative medicine often incorporate elements of vibrational medicine into their practices. Vibrational medicine systems are also independent healing systems that have stood alone for thousands of years in India, China, Japan and folk or indigenous cultures. The most familiar of these subtle energy systems are the chakras of Ayurvedic and Indian medicine/yoga and the meridians of Chinese and Japanese medicine.

Vibrational healing may include:

- Homeopathic remedies
- Acupuncture
- Energy healing
- Bach Flower Remedies
- Gem and Crystal Elixirs
- Chromotherapy
- Sound healing – chanting, singing or music
- Bio-Electric or Physioacoustic devices
- Magnetic
- Radionics
- Psychic healing

Some Western medicine techniques that fall into vibrational medicine are:

- X-rays, CAT Scanners and MRI
- Electrotherapy
- EMR scanning and electrography

How does it work?

The Ayurvedic and Traditional Chinese Medicine’s Acupuncture systems have clear explanations of how their systems work (e.g., *The Web that Has No Weaver*, by Ted Kapchuk). Essentially, blocks to the subtle energy that feeds the physical body are removed with either acupuncture or herbs. When the subtle energy is flowing freely, this life force can naturally restore physical health.

Within western healing, there are only preliminary theories of how these subtle energetic systems work to heal the body. According to

Gerber, the human being is best described as a multidimensional system, including: physical, etheric, astral, mental and causal.

Each of these levels has a specific role in the health of the physical body. According to Dr. Mikio Sankey, author of *Esoteric Acupuncture*, there are energetic cords connected from the subtle bodies into the physical, and blockages in any of these systems will create ill health at the physical level. Using acupuncture, or any subtle energy healing, blocks are released in these higher subtle systems to create balance and health in the physical body.

An example:

The *Pyradym* is one of a class of new healing devices called “physioacoustics” that has been approved by the FDA for pain and stress reduction as well as increased circulation. It consists of four basic functional systems, each contributing to its healing impact: a sound frequency generating system, a physioacoustic vibration system, a corresponding light therapy system and a crystal energy radiating system.

Physioacoustics is defined as the scientific method of applying sound frequency stimulation to the human body in such a way as to obtain specific emotional or physical effects. August

Worley, the inventor of this device, says, “The Human Energy Field is a complex, energetic, multidimensional field that surrounds, penetrates, and IS the human body. Energetic vortexes called Chakras nourish every organ and cell in our bodies. These Chakras, in turn, collect energy from the Universal Energy Field that is all around us. When blocks accumulate in the energy field, a disruption in the flow of energy [occurs]. It is these blocks that disrupt the harmony in the field and eventually are the cause of disease, as well as emotional and mental disorders in the physical body. Applying the principles of sympathetic resonance, imparting specific tones to these Chakra regions can help to clear the blocks, thereby restructuring the Chakras and promoting healing.”

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once it aligns with these higher vibrations. www.heal-with-energy.com, 970-214-3397.

The subtle energy centers or chakras are each associated with specific electro-physiological and hormonal systems within the human body (*Vibrational Medicine*, p 130):

Chakra	Nerve Plexus	Physiological System	Endocrine System
1 Coccygeal	Sacral-Coccygeal	Reproductive	Gonads
2 Sacral	Sacral	Genitourinary	Leydig
3 Solar Plexus	Solar	Digestive	Adrenals
4 Heart	Heart Plexus	Circulatory	Thymus
5 Throat	Cervical Ganglia Medulla	Respiratory	Thyroid
6 Third Eye	Hypothalamus Pituitary	Autonomic Nervous System	Pituitary
7 Head	Cerebral Cortex Pineal	Central Nervous System, Central Control	Pineal